HIS MAJESTY'S GOVERNMENT OF NEPAL

TRAFFIC SIGNS MANUAL

VOLUME 1 OF 2

Traffic Engineering And Safety Unit Design Branch, Department Of Roads Ministry Of Works And Transport

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Traffic Signs Manual

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HIS MAJESTY'S GOVERNMENT OF NEPAL MINISTRY OF WORKS AND TRANSPORT DEPARTMENT OF ROADS

TRAFFIC SIGNS MANUAL

A. Introduction.

A "Traffic Sign" means any object, device, line or mark on the road whose object is to convey to road users, or any specified class of road user, restrictions, prohibitions, warnings or information, of any description. The term Traffic Sign therefore includes not only signs on posts, but also road markings, delineators, road studs, traffic light signals and other traffic control devices.

Subsector 3: Engineering and Planning, of the Interim Road Safety Strategy included in the Inception Report of the Road Safety Component of the Road Maintenance Project, June 1994, called for a "review existing design standards and make recommendations for improvement." The Interim Road Safety Strategy also called for the Department of Roads to "produce and print a manual on road signs and markings."

As the existing design standards included traffic signs, the Traffic Engineering and Safety Unit of the Department of Roads have carried out a review of Nepal's traffic sign system, and produced a report in August 1995 which examined all aspects of traffic signing and set out recommendations and issues for consideration by the Department of Roads. The review covered the following topics:

- Regulatory signs
- Warning signs
- Information signs (including direction signs)
- Supplementary plates
- Traffic signals
- Road markings
- Sign sizes and construction

For each topic, the review examined and compared current Department of Roads' standards, International standards and standards from other countries.

A Department of Roads working party was formed, which included representatives from the Department of Transport Management and the Traffic Police, to consider the conclusions of this report. After much deliberation a comprehensive traffic sign system has been agreed. The new signs generally conform to the 1968 United Nations World Convention on Road Signs and Signals (the Vienna Convention) and are broadly consistent with those used in India. They were formally adopted by the Ministry of Works and Transport at a meeting of its Standards Committee in May 1996. A colour poster illustrating the agreed signs has been produced.

It is now necessary to define and prescribe the agreed signing system in a series of Traffic Signs Regulations, give technical guidance on traffic sign use, design and manufacture in the form of a Traffic Signs Manual, and to conduct a programme of publicity and education.

The Traffic Signs Manual is intended to explain for each sign or road marking:

- when to use it
- what its layout or design should be
- what size it should be
- where it should be placed
- what it should be made of
- how it should be manufactured and erected

The Manual is arranged in this general order, with the first parts concerned with the principles governing the use and design of traffic signs, followed by separate sections on each of the major sign groups giving detailed information on every sign. The final sections give advice on the siting, manufacture, installation and maintenance of traffic signs.

B. Legal Basis and Regulations.

Chapter 7 of the Vehicle Road Transport Management Act 2049, states that the Department of Transport Management of the Ministry of Works and Transport "...should have the necessary traffic symbols of colour, size and model in conformity with international practice pasted up, hung or installed at places deemed necessary.", and further that "The driver should drive the vehicle by obeying traffic symbol." and "Traffic symbols to be obeyed by drivers shall be as prescribed."

The Department of Transport Management is empowered by the Act to make provision for installing signs, however discussions are underway to reach agreement about the duties which will be undertaken by the Department of Roads.

The Department of Roads is currently preparing Regulations which will prescribe the meaning and layout of all traffic signs. This will take some time to pass into law, but in the meantime progress needs to be made on the preparation of a Traffic Signs Manual, and the supporting publicity and education programmes.

Strictly speaking the Traffic Signs Manual will have no legal basis until the necessary prescriptions have been made. However the Traffic Signs Manual will, in the interim, provide a Code of Practice for designers, manufacturers and contractors, and ensure a consistent approach to signing throughout Nepal, which will in turn lead to better understanding and recognition of signs.

This Traffic Signs Manual has been prepared by Roughton International as part of the Road Safety component of the Road Maintenance Project, which provides Technical Assistance to the Department of Roads. The project is funded by the Overseas Development Administration,

C. General Principles of Traffic Signs.

Clear and efficient signing is an essential part of the road system, and a road with poor signing or with badly maintained signs is an unsatisfactory road. Road users depend on signing for information and guidance, and highway authorities depend on signing for the efficient working of the highway network, the enforcement of traffic regulations, traffic control and as an aid to road safety.

Signs must give road users their message clearly and at the correct time. The message must be unambiguous and speedily understood. Using standard signs assists in their quick recognition, as does uniformity of shape, colour and lettering for each type. To obtain the fullest benefits of uniformity there must not only be uniformity of signs, but also uniformity in their use, siting and illumination.

Signs are provided to control and guide traffic and to promote road safety. They should only be used where they can usefully serve these functions. On the other hand their omission where guidance, control or danger warrants the use of a sign is not in the road user's best interest. A balance must be achieved between too many and too few signs.

The incorrect or unnecessary use of a sign annoys drivers, and when this happens frequently, drivers lose respect for the sign, and it becomes ineffective in situations where it is really needed. For the same reason, avoid using signs which impose a restriction which will be very unpopular and difficult to enforce. Drivers will stop taking signs seriously when they see others ignoring them without being caught.

Signs are only effective if:

- a) They are visible,
- b) They are legible,
- c) They are understandable,
- d) The road users knows what they mean, and
- e) The road user is motivated to behave correctly

Items a) and b) depend on the correct siting and maintenance of signs; item c) depends on the design of the signs and symbols being as self explanatory as possible; items d) and e) depend on the implementation of education and enforcement, which is outside the scope of this Manual.

It is important that the message be presented in a simple way. A picture or symbol can be much more effective than words, and can be understood by those who cannot read. Use worded signs only where there is no alternative.

Signs must have sufficient impact to be noticed by drivers. This has been taken into account in the design of the signs, but the size and siting of the sign are also relevant. For most signs there are several permitted sizes, and it is the speed of traffic at the site that determines which size is appropriate. Signs should be sited where the background will not distract the eye from the sign.

The symbols and legends on signs must be easy to read. This has been taken into account in the design of the symbols, lettering, lettering spacing, colours, etc., but size is again of most importance as drivers who are travelling fast need to be able to recognise a sign from a long distance away. This means that the symbols and lettering need to be large enough to enable drivers to read it at the required distance.

Traffic signs must be clearly visible at night. It is not sufficient to rely on illumination by vehicle headlights, and it is strongly preferred that signs should be reflectorised either wholly or in part.

Traffic signs should be constructed and erected so that they will last for many years without any attention apart from occasional cleaning.

D Types of Signs and Road Markings

The three main functions of traffic signs are to regulate, warn and inform. There is a different group of signs for each function, and the signs in each group have a uniform shape to help drivers recognise them quickly. The three groups are:

<u>Regulatory Signs</u>. These signs give orders. They tell drivers what they must not do (prohibitory), or what they must do (mandatory). Most of them take the form of a circular disc, although two signs, the Stop sign and the Give Way sign, have distinctive individual shapes.

<u>Warning Signs</u>. These warn drivers of some danger or difficulty on the road ahead. Most of them take the form of an equilateral triangle with its apex uppermost.

<u>Information Signs</u>. Most of these signs give drivers information to enable them to find their way to their destination. It is a varied group of signs, but they are all either square or rectangular in shape.

Another important group of signs are <u>Road Markings</u>. These can regulate, warn and inform, and some help clarify or emphasise the message given by other signs.

The Manual also covers <u>Traffic Light Signals</u>, <u>Supplementary Plates</u>, <u>Delineators</u> and <u>Road Studs</u>

E Description; Design and Use of Signs and Road Markings

E1 Traffic Speed and Signing

In order to simplify the design of the regulatory and warning road signs defined in this manual, the size of the signs have been specified in terms of the designation of the road on which they are erected. Where additional impact is required it may be necessary in certain circumstances to specify a larger sign than the road designation requires. This will generally be where a sign is erected on or at the end of a section of road where vehicle speeds have not been constrained by road surface condition or geometry. This will result in traffic speeds in excess of the national speed limit which would justify the use of a larger sign. It may also be necessary to increase the size of a sign where experience has shown that drivers ignoring a sign, has led to accidents.

The size of the information signs and supplementary plates will be governed by the lettering height of the Nepali and English lettering used on the sign.

E 2 Regulatory Signs

E2.1 Purpose and Use

Most regulatory signs are the means of putting into practical effect the regulation or control of traffic. For example, they may impose restrictions on speed, on the turning of traffic at a junction or on waiting. Important exceptions are the Stop, Give Way and Keep Left signs

Regulatory signs are either mandatory or prohibitory.

The mandatory signs give instructions to drivers about what they must do, the Stop and Give Way sign being examples. Most other mandatory signs such as the Keep Left sign are circular with a white symbol and border on a blue background.

The prohibitory signs, of which there are many more types, give instructions to drivers about what they must not do, signs banning turns or entry being examples. Speed restriction signs, no stopping sign and signs for waiting restrictions are further examples. Most are circular and have a red border.

Regulatory signs must only be used where it is considered essential that traffic be controlled for safety reasons or for efficient use of the road system. Drivers will take more notice of them if they can see why they are needed. It is important to be realistic when setting speed restrictions and not to put a Stop sign where it would be safe to have a Give Way sign.

Signs to give advance information or warning of regulatory requirements are sometimes needed although they are not, themselves regulatory signs.

E2.2 Sizes and siting

The size of the regulatory signs have been standardised and will be dependent upon the designation of the road on which they were erected. In general the size of sign will be as shown on table 1.

Table 1Size of Regulatory Signs

Road Designation	Diameter of Sign (mm)			
	(11111)			
National Highways, feeder roads and other rural roads	600			
Locations on National Highways, feeder roads and other rural roads where additional impact is required	750			
Town and urban roads	600			
Town and urban roads where space is limited	450			
Signs attached to traffic signal columns	300			
Note: The definition of "where additional impact is required" is to be found in Section E1.				

Exceptions to the standard sizes are, Stop signs, Go signs and Give Way signs which will be 750 mm except within urban areas where there may be a case for a 600 mm sign.

Regulatory signs are normally sited at or near the point where the instruction applies. It is important to make sure that there is no confusion about which road they refer to. Drivers must be able to see the sign from at least 60 metres away (75 metres on National Highways) so that they have time to read the message and act on it. Regulatory signs are placed at the left-hand side of the road, but a second sign on the right-hand side may be used where extra impact is needed.

E2.3 Traffic Speed Restriction Signs

Speed limits should be both reasonable and enforceable. Departures from the National speed limit should only be imposed where the situation is such that it is definitely unsafe for vehicles to maintain the higher speed. It is normally not desirable to use speed limit signs for sharp bends or restricted sight distances for example. In general in such circumstances, the use of proper warning signs will have as much if not more effect than a speed limit sign.

The lowest recommended speed limit is 25 km/h, and this should only be used in urban areas with considerable pedestrian traffic and for traffic crossing a bailey bridge. Traffic calming measures should be incorporated to introduce an element of "self-enforcement".

It is recommended that a standard speed limit of 40km/h is applied for towns and villages where there is moderate pedestrian traffic or there is a narrow through road. Where there is a village with few pedestrians and a wide main street, the speed limit may be raised to 50km/h. This speed limit may also apply to towns with good quality wide roads. A maximum speed limit of 60km/h can be applied in towns but only where there are few pedestrians, the road is wide and of a high geometric standard. A maximum speed limit of 50km/h is recommended for traffic crossing a bridge which has no footways.

E2.4 Schedule Of Regulatory Signs

Details of each of the regulatory signs are shown on the following pages. The permissible sizes for each sign are indicated alongside the sign diagram, however the sizes shown in brackets will only be specified in exceptional circumstances as noted in table 1.

A1	Stop and Give Way
A2	Give Way
A3	No Entry
A4	No Motor Vehicles
A5	No Trucks
A6	No Handcarts
A7	No Bullock Carts
A8	No Pedestrians
A9	No Vehicles Over Length Shown
A10	No Vehicles Over Height Shown
A11	No Vehicles Over Width Shown
A12	No Vehicles Over Maximum Gross Weight Shown
A13	Axle Weight Limit
A14	No Parking
A15	No Stopping
A16	No Overtaking
A17	No Passing Without Stopping
A18	No Right Turn
A19	No Left Turn
A20	No U Turns
A21	No Use of Horn
A22	Maximum Speed
A23	End of Speed Restriction
A24	Temporary Stop Sign
A25	Temporary Go Sign
A26	Restriction Ends
A27	Ahead Only
A28	Turn Left
A29	Keep Left
A30	Turn Left Ahead
A31	Small Roundabout
A32	Pass Either Side
A33	One Way Traffic

E3 Warning signs

E3.1 Purpose and Use

Warning signs are used to alert drivers to danger or potential danger ahead. They indicate a need for extra caution by road users and may require a reduction in speed or other manoeuvre. This section contains advice on when to use each sign.

Adequate warning signs can greatly assist road safety. To be most effective however, they should be used sparingly. Their frequent use to warn of conditions which are otherwise readily apparent tends to detract from their effectiveness.

Do not use warning signs in situations where the problem is obvious, or is so minor that no extra care is necessary. If they are over-used, drivers will lose respect for them. This is particularly true when specifying signs for urban roads. Side road junctions for example are not usually a danger when traffic speeds are low.

Warning signs are very important at roadworks. See Section E7 for guidance on when and how to use them.

Most warning signs are triangular in shape with a red border encompassing a black symbol on a white background. The black symbol is normally a diagram of the hazard. Sometimes additional information is put onto a supplementary plate below the main sign.

There must always be a distance clear of obstructions in advance of the sign. The sign should not be sited just after an obstruction or a sharp bend. Drivers must be able to see the sign from at least 60 metres away (75 metres on National Highways) so that they have time to read the message. Warning signs are placed at the left-hand side of the road.

It takes time for a driver to act on the message given by a sign and slow his vehicle down to a safe speed. Therefore signs must be sited sufficiently far ahead of the hazard to allow for this. Signs must also be large enough to be read clearly by drivers travelling at above average speeds. In general the sizes and distances are determined by the design speed, however in order to simplify the specification of warning signs, table E2 stipulates the size and distances in terms of road designation. If it is necessary to site the sign away from the standard position, the distance to the hazard should be indicated on the supplementary plate No.D1.

Road Designation	Size of sign	Distance of Signs from		
	(Height of triangle in mm)	hazard (m)		
National Highway.	750	180		
Locations on National Highways	900	180		
where additional impact is required.				
Feeder Roads.	750	100		
Town and Urban Roads	600	50		
Locations of signs in town and on	750	50		
urban roads where additional impact				
is required.				
Note: The definition of "where additional impact is required" is to be found in Section E1.				

Table 2Size and siting of Warning Signs

E3.2 Schedule of Warning Signs

Details of each of the warning signs are shown on the following pages. The permissible sizes for each sign are indicated alongside the sign diagram, however the sizes shown in brackets will only be specified in exceptional circumstances as noted in table 2.

B1	Crossroads
B2	Major Road Ahead
B3	Side Road Right
B4	Staggered Junction
B5	T Junction
B6	Y Junction
B7	Traffic Merges From Left
B8	Traffic Merges From Right
B9	Roundabout
B10	Bend to the Right
B11	Hairpin Bend to Right
B12	Double Bend First Left
B13	Sharp Bend to the Left
B14	Road Narrows on Both Sides
B15	Road Narrows on the Right
B16	Dual Carriageway Ends
B17	Traffic Signals
B18	Steep Hill Downwards
B19	Steep Hill Upwards
B20	Height Limit Ahead
B21	Two Way Traffic Straight Ahead
B22	Two Way Traffic Crosses One Way Road
B23	Pedestrian Crossing
B24	Pedestrians in Road Ahead
B25	Children
B26	Cattle
B27	Wild Animals
B28	River Bank
B29	Uneven Road
B30	Slippery Road
B31	Road Hump
B32	Low Flying Aircraft
B33	Falling Rocks
B34	Dangerous Dip
B35	Narrow Bridge
B36	Other Danger
B37	Checkpoint
B38	Road Works
B39	Loose Chippings
B40	Railway Level Crossing without Gate or Barrier
B41	Railway Level Crossing with Gate or Barrier
B42	Temporary Diversion Ahead
B43	Dangerous Obstruction (Verges)
B44	Dangerous Obstruction (Central Reservation)
B45	T Junction
B46	Sharp Bend
B40 B47	Direction of Temporary Diversion to the Right
B48	Delineator Posts

E4 Information Signs

E4.1 Direction Signs

Direction signs are the largest group of Information Signs. These signs give drivers information to enable them to find their way to their destination. Good direction signing helps:

- To reduce delay and frustration;
- To keep traffic flowing smoothly and safely through junctions;
- To promote commerce and tourism;

The most important direction signs belong to one of three major groups:

- (i) Advance Direction Signs which give a driver information about his route ahead before he reaches a road junction.
- (ii) Direction Signs which give route information at a junction.
- (iii) Route Confirmatory Signs which give confirmation and often additional information about the route ahead after a road junction.

The text height for advance direction signs and direction signs has been standardised into two sizes. Direction signs used on National Highways will have a capital letter height for English text of 150mm. Direction signs used on other roads including feeder roads, will have a text height of 100mm. The Nepali text will be 25% larger than the English text.

The text height for route confirmation signs will be 100mm for the English capital letters irrespective of the road designation. Similarly the Nepali text will be 25% larger.

E4.2 Other Information Signs

These information signs serve one of several purposes;

- (i) They may give advance information of prohibitions or restrictions ahead or they may indicate the end of a restriction or prohibition.
- (ii) They may give civic or geographical information such as the name of a town or village.
- (iii) They may give information about facilities ahead such as parking places, lay-bys, picnic areas, telephones etc.

There are various informatory signs of miscellaneous use.

E4.3 Information Sign Lettering

For direction signs, UK Transport upper and lower case lettering will be used. The direction signs, with the exception of temporary diversion signs, will use either white lettering and symbols on a dark green background or black lettering and symbols on a white background. Temporary diversion signs will use black lettering and symbols on a

yellow background. To save cost, the background on the signs which are dark green need not be reflectorised, but the letters and symbols should be. It is probable that the other direction signs will not be reflectorised.

The style of direction signs and where they are to be used is shown in table 3 below:-

Table 3	Colours of Direction Signs
---------	----------------------------

Direction Sign Type	Road type on which sign is positioned	Road type to which sign refers	Colours of sign	
Advance Direction and Direction Signs	National Highway	National Highway	White on Green (see note below)	
		Feeder road	Black on White	
	Feeder road	Other National Highway Feeder road Other	Black on White White on Green Black on White Black on White	
	Other	National Highway Feeder road Other	White on Green Black on White Black on White	
Route Confirmation Signs	National Highway	All Roads	White on Green	
Note: Where the sign gives details about more than one road type, the style of sign to be used, should be as required by the road with the highest designation. Direction signs on National Highways in towns which refer exclusively to local in- town destinations found along the National Highway, should have Black lettering and Symbols on a White background.				

The Nepali destination names will be placed above the English. A standard script using the "Milan TTF" type face is proposed. This is a script similar to the Fontasy Himali TT lettering which is commonly used by sign painters in Nepal, and similar to the Hindi script used by the major sign manufacturers in India. Details about the layout of the Nepali and English lettering are to be found in section G of this document.

The Maintenance and Rehabilitation Co-ordination Unit have developed a system of road numbering and naming which is being incorporated into a country-wide programme of installing road marker stones at kilometre intervals on all strategic roads. A working paper dated August 1996, gives a schedule of cities, towns and landmarks to be named on marker stones, and details of the design and construction of the stones. It is proposed to adopt the same place naming system for direction signs, details of which are given in section J.

E4.4 Schedule Of Information Signs

Details of each of the information signs are shown on the following pages :

- C1 No Through Road
- C2 Pedestrian Crossing
- C3 Parking Place C4 Overtaking Section
- C4 Overtaking Section C5 Filling Station
- C6 Breakdown Service
- C7 Telephone
- C8 Overnight Accommodation
- C9 First-Aid Post
- C10 Hospital
- C11 Refreshments
- C12 Restaurant
- C13 Picnic Site
- C14 Recommended Route for Pedestrians and Cyclists
- C15 Recommended Route for Pedestrians
- C16 Recommended Route for Cyclists
- C17 Bus Stop
- C18 Taxi Park
- C19 One Way Street
- C20 Place Identification Sign
- C21 Exit from Built-Up Area

E4.5 Schedule Of Direction Signs

Details of each of the direction signs are shown on the following pages :

- C22 On Approaches to Junctions
- C23 Route Confirmation Sign after Junctions
- C24 On Approaches to Junction Alternative Style
- C25 At the Junction
- C26 Temporary Diversion Sign
- C27 At the Junction
- C28 On Approaches to Junctions
- C29 Bridge Name Plate

E5 Other Signs

E5.1 Supplementary Plates

Supplementary plates give additional information or clarify the message given by the main signs. They are mostly used with regulatory or warning signs. They are never used on their own. The supplementary plates are mounted 75mm below the primary sign. English text will have a capital letter height of 60mm. The Nepali text will be 25% times larger than the English text.

E5.2 Schedule Of Supplementary Plates

Details of each of the supplementary plates are to be found on the following pages :

- D1 Distance to Hazard
- D2 Distance over which Hazard Extends
- D3 School
- D4 Except Buses
- D5 Flooding
- D6 Single Track Road
- D7 Stop
- D8 Give Way
- D9 Single Track Bridge
- D10 Road Closed
- D11 Accident
- D12 Ice
- D13 One Way
- D14 Dual Carriageway
- D15 Except for Access D16 Time Period
- D16 Time Period D17 Car
- D17 Car
- D18 Truck
- D19 Bus
- D20 Motorbike
- D21 Tempo
- D22 Pedal Cycle
- D23 Rickshaw
- D24 Arrow to the Right
- D25 End
- D26 End of Restriction

E5.3 Traffic Light Signals

This group of signs comprise of two categories:-

- Signs for the control of vehicles
- Signs for the control of pedestrian crossing movements.

A full and comprehensive guide to the design of signals phasing is outside the scope of this manual, however the following sections give a general guide to traffic light signals, concentrating on aspects such as siting, mounting of signal heads, and the signs that are associated with signals.

The signal head should be mounted so that its lower edge is about 2.3 metres above carriageway level. The signal should be close to the kerb or edge of the carriageway, but leave sufficient clearance to prevent the signal head being struck by vehicles. The signal lenses should have hoods to prevent them being seen by drivers on other approaches. Where appropriate, a 300mm diameter version of a regulatory sign (such as "no right turn") may be displayed at the side of the signal head, preferably level with the green light.

The traffic signals ahead warning sign B17 may be needed on the approaches to the junction. Figures F3 and F9 in section F show typical layout of traffic light signals.

Signs for the control of vehicles

The primary purpose of a traffic signal installation at a road junction is to reduce conflict between traffic streams. Conflict at a junction is manifest as an increase in delay and an increase in the accident rate. The installation should be designed to achieve safety and efficiency within the confines of the available road space.

Traffic control is by means of red, amber and green light signals, supplemented by additional green, amber and red arrow light signals and regulatory signs as necessary. Traffic light signals are placed on the nearside of each approach and are known as primary signals. Additional primary signals may be required on one-way streets. Each approach has a transverse stop line type F1 associated with the primary signal indicating the place at which vehicular traffic must stop. The F1 stop line is marked on the carriageway 1.3 metres in advance of the signal. The signal and stop line may be set back to accommodate a pedestrian crossing, or to make turning movements easier for long vehicles.

Each road which meets at the junction is described as an arm of that junction and each arm is considered as having one or more approaches depending on the intended direction of travel of the traffic stream on leaving the signalled area.

Additional displays are included beyond the junction and are known as secondary signals. The main purpose of the secondary signal is to indicate to vehicles close to the stop line, the same information as the primary signal. In certain circumstances it may be undesirable or impractical to position the secondary signal beyond the junction on a particular approach. On these occasions the secondary may be on the entry side of the junction, preferably on the offside and beyond the stop line.

Each traffic stream must have clear vision of the primary signal on its approach and the additional displays which are associated with it. The sequence signalling will be red, green, amber and red.

The instruction conveyed by each coloured light signal is defined as follows:-

Red light	-	Denotes that traffic is prohibited from proceeding beyond the stop line.		
Green light	-	Indicates that vehicular traffic may proceed beyond the stop line, and		
	may turn in any direction, subject to the normal priority rules being			
		observed and provided that the turn is not prohibited by a		
		supplementary light signal (red arrow) or a regulatory traffic sign.		
Amber light - Conveys same prohibition as red signal except where vehicles are				
close to the stop line that they can not safely stop before stop li				

should proceed. This phase is usually displayed for three seconds.

Additional green arrows may be fitted.

- a) On the left of the three light display indicating a movement to the left. The arrow light may also be lit when the main signal is red to indicate that vehicles may turn left only.
- b) On the right of the three light display, indicating a movement to the right.

When green arrows are used drivers have come to expect an exclusive right of way. It is therefore strongly recommended that when green arrows are used there should be no conflict with traffic already using the junction.

An additional amber left arrow may be fitted on the left of the three light display indicating a movement to the left even when ahead may be shown as a red signal. The amber left arrow indicates that it is permissible to go left provided that vehicles give way to traffic using the junction. It is not advisable to use this type of arrow in conjunction with a pedestrian crossing.

An additional red light arrow may be fitted on the right of the three light display indicating that a turn to the right is prohibited when the arrow light is lit.

Wherever green or amber narrow lights are used, the arrow light will flash for 3 seconds before it is turned off. Red arrow lights do not flash before being turned off.

Signals to control pedestrian movements

Pedestrian signals must only be used in conjunction with traffic lights. Signal-controlled pedestrian crossings are appropriate at sites where traffic speeds are high or where pedestrian flow is very heavy. Crossings with pedestrian signals can also be incorporated in junctions controlled by traffic lights.

The light signals to be displayed on a pedestrian signal are red, green and flashing green. The instruction conveyed by each coloured pedestrian signals is : -

Red Standing Man	-	Denotes that pedestrian are prohibited from crossing the road.
Green Walking Man	-	Denotes that pedestrians may cross the road with care.

Flashing Green Man - Denotes that pedestrian are prohibited from crossing the road except where they have started to cross the road, in which case they should continue to cross the road.

Table 4 Phasing of Pedestrian signal with traffic signal

Ped	lestrian Signal	Vehicle Signal	Period
1	Red Standing Man	Green	Dependent upon cycle time.
2	Red Standing Man	Amber	3 seconds
3	Red Standing Man	Red	Minimum to clear traffic in the junction.
4	Green Walking Man	Red	6-12 seconds depending upon carriageway width and pedestrian density, but see note below.
5	Flashing Green Man	Red	See note below.
6	Red Standing Man	Red	1-3 seconds, but see note below.

Note: Timings for green man may not apply for signal controlled junctions.

The time of periods 5 and 6 together (in seconds) should be equal to the width of the carriageway in metres divided by 1.2.

When the green man pedestrian signal is lit it may be justified to use a simultaneous audible signal.

The signal head is normally sited on the same post as the traffic light. The signals controlling pedestrian movements must face across the road so that the signal can be clearly seen by pedestrians. This signal lenses must be hooded to prevent the signal being seen by drivers.

E5.4 Schedule of Traffic Light Signals

Schedule of Details of the types of traffic light signals are shown on the following pages:-

- E1 Traffic Signals
- E2 Stop (Go Left)
- E3 Stop (Go Right)
- E4 Stop (Give Way and Go Left)
- E5 Go (Stop Right)
- E6 Pedestrian Signals

E6 Road Markings

E6.1 Classes of Marking

Road Markings are classified as follows:

- . Transverse lines which are laid across the road at right angles to the flow of traffic:-
 - Stop lines
 - Give way lines
- Markings at pedestrian crossings
- Longitudinal lines which are laid along the road parallel to the flow of traffic.
 - Lane Lines
 - Barrier Lines
 - Hazard Lines
 - Traffic Island Markings
 - Edge of Carriageway
 - Marking for Parking Restrictions
 - Traffic Lane Arrows

E6.2 Purpose and Use

The purpose of road markings is to control, warn, or guide, road users. They may be used to supplement other traffic signs or they may be used alone. Their major advantage is that they can give a continuing message to the driver. Thus they can be used to guide drivers in the correct positioning of their vehicles so that the traffic flows smoothly and safely. Some help clarify or emphasise the meaning of other signs. Improved road marking is often the most cost-effective solution to traffic and accident problems.

The markings have the limitation that they may be obliterated by snow, their conspicuity is impaired when wet or dirty and their durability depends largely on their exposure to traffic wear. Nevertheless, they serve a very important function in conveying to drivers information and requirements which might not otherwise be possible by upright signs. They have the advantage that they can often be seen when an erected sign is obscured.

Where traffic congestion occurs extensive use of road markings is essential to ensure that full use is made of the available road space. In particular, widespread use of lane markings is desirable; by enhancing lane discipline they add to the safety of traffic, besides improving traffic flows. In urban areas considerable advantages accrue from road markings at junctions.

It is strongly recommended that road markings be considered in detail at the design stage of new or improved junctions. The markings for existing junctions are often best considered on plan before the work is undertaken.

E6.3 Reflectorisation

At night it becomes much more difficult to see and understand the road and junctions ahead. Road markings can be of great help, especially if they are reflectorised. This is achieved by the addition of glass beads known as ballotini which is either incorporated in the paint mix or applied after the marking is laid. The improved efficiency of reflectorised lines is substantially reduced when the lines are wet, although they are still at least as good as unreflectorised lines. Because of their advantage over unreflectorised lines in dry weather much more use of reflectorised lines is justified. Reflectorisation is costly, but it is worth doing for the more important markings, such as:

- Transverse Stop lines;
- Continuous white lines (barrier lines)
- All markings at major junctions
- Centre and edge of carriageway lines on sections of main road with many curves or gradients. It will reduce costs but still provide some assistance to drivers if every third mark is reflectorised.

Reflective road studs help to improve the visibility of longitudinal markings, but they are too expensive for general use. In general white coloured reflective road studs should be considered for F6 continuous white lines along the centre line of the road and around F8 traffic island markings. Red coloured reflective road studs should be considered for outlining physical traffic islands. There may also be situations where white coloured reflective road studs are proposed to improve longitudinal markings for lane line and hazard warning line markings. Table 5 below indicates the spacing of reflective road studs to stude stude to the stude stude stude stude stude stude stude stude to marking.

Type of road marking	Spacing of reflective road studs (metres)
F5 Lane Line	(Urban) 12 (Dural) 18
F6 Barrier Line	(Rural) 18 (Urban) 4
F7 Hazard Warning Line	(Rural) 6 (Urban) 6
F8 Traffic Island	(Rural) 9 4
Around Physical Traffic Island	4

Table 5Spacing of reflective road studs

E6.4 Road Centre Line Marking

A single line system has been specified which provides a means of prohibiting overtaking on lengths of road where visibility is limited. The standard of visibility justifying the use of these lines and hence the lengths of line themselves is governed by the speeds of vehicles on the road. The system specified uses a single 100mm wide line which is continuous where overtaking is prohibited. Where additional impact is required the width of the line should be increased to 150mm. Where overtaking is not prohibited but it may be dangerous to overtake, a hazard warning line has been specified. Visibility distances have been specified for the no overtaking and hazard warning line. In order to simplify the specification of visibility distances, they have been specified in terms of road designation rather than traffic speed.

The visibility distance is measured from the centre line at a point 1.05m above the road along the centreline to the target at the same height.

The survey of visibility distances should be done when trees and hedges are in full foliage (or some allowance made for that). At the same time growth which obstructs visibility should be properly trimmed and lopped; this will not only make conditions better for road users, but will result in an appreciable economy in the prohibitory and warning lines, though it follows that subsequent growth must be kept well trimmed. The method of determining visibility distances consists of setting two observers at the required visibility distance apart and moving them forward at this set distance, until a reference mark carried by the leader, disappears.

When surveying visibility distances it is important that the sight lines should not be confined within the highway boundary. Such risks as tall crops for comparatively short periods should be accepted. The method for assessing visibility distances is as set out below.

The two observers set themselves on the centre line of the road in advance of the bend or hump at the appropriate visibility distance apart and move forward, marks being made on the carriageway by the appropriate observer as a reference mark carried by the other observer disappears and re-appears.

At the approach to a bend which is likely to require prohibitory markings they get into the centre of the road and space themselves apart by the prohibitory distance appropriate to the designation of the road.

They then walk towards the bend, at the same pace so that the two keep a uniform distance apart. B has a white band (tape is convenient) across his back 1.05 metres above the ground. A carries a stick of the same height. From time to time A dips and views B's band from the height of the stick. When B's band is just disappearing A calls 'halt' and A marks his position 'A1'. They then proceed at the same spacing until B's band again comes into view, when A marks his position 'A2'. Points A1 and A2 give the beginning and the end of the continuous line for the direction of travel used by the team. They then reverse their functions and repeat in the opposite direction, B now trailing. He marks the position where A's white band disappears as 'B1'. The longest distance in either direction is the length of the prohibition line. A then goes forward to adjust their spacing to the 'warning' distance and the exercise is then repeated to ascertain the length of hazard warning lines.

For his personal protection, each member of the Survey Team should wear a high visibility garment. A Road Works warning sign (Sign B38) should be placed at the roadside in advance of the survey site at the siting distances recommended and this should be followed by a Road Narrow warning sign (Sign B14). At both ends of the survey site, traffic should be directed to the left either by the use of two Keep Left signs (Sign A29) placed back to back in the centre of the road or by the use of traffic cones and flagmen. Traffic speed past the survey site may need to be restricted to an acceptable level.

E6.5 Schedule of Road Markings

Details of each of the types of road markings are to be found on the following pages :

- F1 Stop Line and Stop sign on Traffic Lights
- F2 Give Way to Traffic on major Road or Roundabout
- F3 Drivers must give way to Pedestrians on the Crossing
- F4 Pedestrians can cross when the traffic is stopped
- F5 Lane Line
- F6 Barrier Line Do Not Cross
- F7 Hazard Line Warning
- F8 Traffic Island Do not enter Painted Area Except in Emergency
- F9 Edge of Carriageway
- F10 Extended Transverse Line extended across side road junctions
- F11 No Parking
- F12 Traffic Lane Arrows

E7 Signs at Roadworks

The leaflet entitled 'Safety at Roadworks - A Code of Practice for Signing at Roadworks' October 1996, which is a practical guide to the layout and signing of temporary road works can be obtaining from the Traffic Engineering and Safety Unit. The document is reproduced below.

SAFETY AT ROADWORKS A Code of Practice for Signing at Roadworks

Principles

When any work is carried out on or close to a road or street adequate measures must be taken to warn and protect both road users and road workers. This is a legal requirement, and, if you ignore it, you could be taken to court and fined. It is essential that all roadworks, no matter how small, are properly signed, so that drivers and pedestrians are warned well in advance. This leaflet shows you what to do.

Good signing **WARNS, INFORMS** and **DIRECTS**. It warns road users that there is a hazard ahead, so that they can be ready to take action. It informs them of what kind of thing to expect, so that they know what manoeuvre or action they will need to make. And it directs them how to pass through the hazard in a safe manner. Good signing helps protect the men working on the road and keeps traffic delays to a minimum.

Plan ahead - It is your responsibility to sign your works safely, so think what signs and cones you will need before you leave the depot. This leaflet will help you decide what you need. Get Police advice in difficult or dangerous situations.

Be seen - All persons working on or near the road must wear brightly-coloured clothing, preferably an orange or yellow waistcoat.

Face the traffic when setting out signs - Put the *Road Works Ahead* warning sign out first and then move towards the works site, and always try and face the traffic when you set out the signs and cones.

Check the signs carefully - Ask yourself this question: "Will someone coming along the road in either direction understand exactly what is happening and what is expected of them?" As the works proceed, alter the signing so that it is always consistent with the work that is going on.

Fix the signs properly - Secure the signs so that they cannot be blown over or dislodged by moving traffic. It is best to use signs that are mounted on a metal or wood frame which keeps the sign face off the ground. A sand bag or rock placed across the base of the frame will stop the sign being blown over. Check the signs regularly to see if they are all still in place.

Ensure the signs are visible at night - Make every effort to finish the work before dark, but, if this is not possible, use reflective signs and cones, and preferably supplement them with flashing lights.

Remove unnecessary signs - Never leave signs on the road once they are no longer needed. This annoys drivers and leads to distrust of roadworks signing.

Keep the site tidy - Take up as little road space as possible, and store construction materials and equipment off the road if you can. When you have finished make sure that the road surface has been properly reinstated and that there are no dangerous holes or trenches. Clean away any mud or gravel.

Always use the standard signs - do not design your own - Only the standard signs as shown below should be used. Design details can be obtained from the Traffic Engineering and Safety Unit of the Department of Roads.

The Basic Signs You Will Need



The *Road Works Ahead* sign is the first sign to be seen by the driver, so place it well before the work site - about 30 metres in town and 60 metres on rural roads - but on a high-speed national highway it should be 200 metres away. Put the sign where it can be seen from a distance. For example, if the works are just after a bend in the road, put the sign before the bend. This sign has a black symbol on a white background, all within a red triangle.



The *Road Narrows Ahead* sign warns drivers which side of the road is obstructed. You need use it only on high-speed national highways. Place it midway between the *Road Works Ahead* sign and the works site. Make sure you use the appropriate sign on each approach to

the obstruction. This sign has a black symbol on a white background, all within a red triangle.



Place *Keep Left* or, if appropriate, *Keep Right*, signs at the beginning and end of the works - at the point where the works extend furthest into the road. This sign has a white arrow on a light blue background.



Place a line of *Traffic Cones* to guide pedestrian and vehicle traffic past the works. Leave some working space between the line of cones and the actual excavation or works area. Traffic cones should be red, and, if used at night, should preferably have white reflective sleeves.



Where there is a lot of traffic or the works site is very long, you will need to control traffic manually using these STOP / GO boards. If the obstruction is less than 30 metres long and is on a straight section of road you will only need a single board operating at one end or in the middle. Do not use flags, as these can be confusing, and make sure that the boards are operated by a responsible adult.

Sign plates for use on high-speed roads should be 750 mm high. On low-speed (50km/h or less) roads 600 mm high signs will normally be adequate.

Sign Layouts

Shown on the next page are sign layouts for two typical roadworks operations. For ease of illustration the advance signing is shown close to the works site, but in practice it would be much further away - see the advice given on the preceding page.

Basic layout



Road diversion



Suppliers of Traffic Sign and Safety Products

Almost every town has sign painters who can provide good-quality painted traffic signs at a reasonable price. Design details are available from the Traffic Engineering and Safety Unit of the Department of Roads. The Unit can advise on how to obtain reflective traffic signs, traffic cones, and other traffic safety equipment.

Contractor's Responsibility for Signing

Where contractors are employed to do roadworks it must be made clear in the contract that they are responsible for providing signing in accordance with this Code of Practice. The recommended wording is:

"The contractor shall take all necessary measures for the safety of traffic, pedestrians and workmen during the roadworks. The contractor shall provide, erect, operate and maintain signs, markings, lights, barricades and traffic control equipment in accordance with the Department of Roads's Code of Practice for Signing at Roadworks, as modified by the Engineer or the Client's Representative."

Supervising Engineers and Client's Representatives have a duty to ensure that contractors meet their obligations, and should be prepared to impose such penalties as are provided under the contract, if the contractor fails to maintain an acceptable standard of signing. The contractor will be more likely to provide adequate signing, if signs and traffic control are included as items in the Bill of Quantities.

F. Positioning of Signs and Road Markings

F1 Positioning of signs

There are three things to consider when positioning a traffic sign :

- its siting in relation to the junction, hazard, etc., to which it refers;
- its position in relation to the edge of the carriageway;
- the height of the sign plate and its angle to the road.

General advice on sign positioning is given below. Where there are special requirements for a specific sign, these are referred to on the relevant traffic sign diagram. The recommendations should be used as a guide, because the precise positioning can only be determined on site. There are often limitations on where signs can be placed, especially in urban areas. Always check that :

- the signs are clearly visible;
- there is no confusion about which road they refer to;
- the signs do not obstruct the view of drivers;
- the signs are not placed where they could be struck by vehicles.

If necessary, alter the siting or mounting to overcome the problem.

F2 Siting

Drivers have to be given the message at the right time, neither too late for the driver to take action, nor too soon that he has forgotten it by the time he has to act on it.

Regulatory signs are normally sited at or near the point where the instruction applies.

Each sign is designed to be read from a certain distance, which is determined by the road designation. The sign must be sited where it can actually be seen from this distance. The minimum visibility distances are specified in the section of the manual on each sign group.

Signs should generally be sited on the left-hand side of the road. However, at sharp lefthand bends it may be better to put the sign on the right-hand side of the road where it will be more noticeable.

Most warning signs, and some direction signs, have to be sited in advance of the hazard or junction to which they relate. The distance depends on the road designation. Guidance on siting distances is given in the section of the manual on each sign group. It is important to be consistent, so that drivers will become familiar with the rate at which they have to slow down. When signs have to be sited far away from their standard position, a supplementary plate may be used to give the distance to the junction or hazard. It is better to increase the distance between a sign and the junction or hazard to which it relates, rather than decrease it.

F3 Position relative to the edge of the carriageway

Signs should be placed so that no part of the sign, is closer than 600 mm from the outer edge of the shoulder, or carriageway in the case of roads without shoulders, - see Figure F1. This also applies to signs positioned on traffic islands. This is to reduce the risk of them being hit by passing vehicles. The siting of signs at places where vehicles stop or park on the shoulder should be avoided.

F4 Height and angle of the sign plate

Signs should normally be mounted so that the lower edge of the sign plate is 2,000 mm above the level of the carriageway - see Figure F1. This helps to discourage vandals and bill posters from defacing the sign plate.

Signs should never be mounted less than 1000 mm above ground level, however signs that are mounted at this height get dirty more quickly from rain splash and vehicle spray. Where two warning signs are to be mounted on the same post, the sign that relates to the nearest hazard should be at the top.

Temporary road signs should be mounted on a frame which keeps the sign above ground by at least 300mm.

Signs erected over footways and in urban areas must be high enough to enable pedestrians to walk beneath them. The lower edge of the sign place should be about 2.0 metres above the surface of the footway.

Sign plates are normally mounted so that they face the driver. On unlit roads the plate should be angled slightly away from the road to avoid mirror reflection when illuminated by vehicle headlights - see Figure F2.



Dimensions: millimetres

F5 Layout of Traffic Signs and Road Marking

On the following pages are a number of diagrams showing layouts of traffic signs and road markings in typical locations. The diagrams are as follows:

Figure	F3	Traffic lights at a crossroad and a T junction
Figure	F4	Major/minor junction
Figure	F5	Major T junction
Figure	F6	Major Junction with a ghost island
Figure	F7	Minor T Junction
Figure	F8	Roundabout
Figure	F9	Pedestrian crossings
Figure	F10	One way system
Figure	F11	Road markings around a bend

G Specifications for the Manufacture of Signs and Road Markings.

G1 Sign Lettering

Nepali Lettering

The Nepali lettering which has been chosen is known as "Milan TTF".

The English lettering used on traffic signs is from a specially designed alphabet known as the Transport alphabet. There are two versions, Transport Medium for white characters on a green, blue, brown or black background and the Transport Heavy for black characters on a white or yellow background. For simplicity the Transport Heavy lettering has been chosen for all signs.

The size of the English lettering is referred to in terms of the capital letter height. This is the height of the uppercase letter.

Research into the size of the text has shown that the Nepali lettering needs to be 25% larger than the size of the equivalent capital height in the English lettering in order to be readable at the same distance.

To ensure correct lettering spacing when forming a word, the characters in each alphabet are placed on imaginary tiles. The tiles vary in width, according to the size of the character, and have a fixed height which ensures correct line spacing. For the purpose of design, the line spaces are measured to the edge of the tiles and not to the actual characters. The tile height is given on table 6 below. Details of the Nepali and English lettering are to be found in section J. Each letter has been put onto a tile which is related to the height and width of each letter of the alphabet.

The following figure G1 gives sizes of the tile heights for the Nepali and English lettering in terms of their, English capital heights.





The following table gives the tile heights for the Nepali and English lettering for each of the text heights which have been used on the traffic signs.

Sign Type	English	Nepali letter	English	Nepali Tile
	Capital	height (mm)	Tile	Height
	Height (mm)		Height	(mm)
			(mm)	
Place Identification Signs	200	250	285	520
Direction Signs on National	150	190	215	390
Highways				
Bridge Name Plate Sign C29	150	190	215	390
(Name of bridge)				
Direction Signs on Feeder	100	125	145	260
Roads and other minor roads				
Supplementary Plates	60	75	85	155
Bridge Name Plate Sign C29	-	65	-	130
(Bridge details)				

Table 6 Capital and Tile Heights for Nepali and English lettering

G2 Standards for Construction

Traffic Signs

The materials used in the signs and the method of construction shall comply with BS873 'Road Traffic Signs and Internally Illuminated Bollards' and in particular part 6 Specification for retroreflective and non retroreflective signs. Alternative standards of construction may be proposed, but in all cases they must conform to an internationally recognised standard. Retroreflective sheeting used for the construction of sign plates is a type of material which is capable of reflecting light in the general direction of the light source. For simplicity this will be referred to hereafter as reflective sheeting.

Standard colours must be used on a traffic sign and these should comply with, table 4 chromaticity co-ordinates and table 5 luminance factors taken from BS873: Part 6: 1983 or the equivalent American standards FP-92 Federal Highway Administration 'Standard Specification for Construction of Roads and Bridges on Federal Highway Projects' 1992 or ASTM D4956-90 American Society for Testing and Materials 'Standard Specification for Retroreflective Sheeting for Traffic Control.

Note: For comparative purposes the following gloss paint colours specified in BS 381C : 1980 will satisfy the colour requirements.

Red	No. 537	Signal red
Orange	No. 557	Light orange
Yellow	No. 355	Lemon Yellow
Green (1)	No. 226	Middle Brunswick green
Green (2)	No. 225	Light Brunswick green
Blue	No. 109	Middle blue
Grey	No. 693	Aircraft grey

Green (1) is the background colour used for National Highway signs. Green (2) is used for the green parts of other signs.

Reflectorisation

It is desirable that signs should be fully reflectorised except for those parts of the sign which are coloured black however, printing is uneconomic for one-off signs such as direction signs. If a sign is required to have a reflectorised background, the sign face will have to be made of reflective sheeting. Here is best to cut out the letters, symbols, borders etc., from sheeting of the appropriate colour and fix them down onto the background. The design is normally printed on the sheeting using coloured inks. For example, the sign face for the A3 No Entry sign is made from white reflective sheeting which has been overprinted with red ink. Signs which are to be positioned parallel to the direction of traffic flow such as parking sign need not be reflectorised.

Map-type direction signs for major routes can be very large and it may be too expensive to use reflective sheeting over the whole area. If this is the case it is desirable that the background should be made from cheaper non-reflective sheeting. However, because of the cost it may be cheaper to paint the background. The reflective sheeting will generally be Engineer Grade reflective sheeting however, Engineer Grade reflective sheeting does not perform well on urban roads which have some street lighting. In critical areas in this situation it may be more appropriate to specify High Intensity reflective sheeting. The Engineer Grade reflective sheeting shall be of the enclosed lens type consisting of microscopic lens elements embedded beneath the surface of a smooth, flexible, transparent, waterproof plastic. The adhesive backing shall be either of pressure-sensitive aggressive tack type requiring no heat, solvent or other preparation for adhesion, or tack-free adhesive activated by heat in a Heat Lamp Vacuum Applicator in an manner specified by the sheeting manufacturer. The adhesive shall be protected by an easily-removable liner (removable by peeling without soaking in water or other solvent) and shall be suitable for the type of material being used as the sign plate. The adhesive shall form a durable bond to smooth, corrosion and weather-resistant surface of the sign plate such that it shall not be possible to remove the sign sheeting from the sign plate.

The reflective sheeting shall generally conform to the following requirements:

- a) The sheeting shall have high reflectivity normal to vehicle headlights dependent on the angle of incidence. The reflective material shall be sharp and glareless and directed towards the light source at an approved angle of incidence.
- b) The surface of the sheeting shall be smooth and flexible. No cracking shall occur when bent. Reflective sheeting shall have high durability under all weather conditions, heat and moisture and be strongly fungus-resistant.
- c) The sheeting shall not delaminate, blister, crack, peel and chip during the manufacturing process and during its expected service life.
- d) The sheeting supplied shall be free from dirt, solid lumps, scales, ragged edges and non-uniformity of colour.
- e) The colour of the sheeting shall be even and free from any spots or loss of colour. The colour shall not fade appreciably under local weather conditions during its expected service life.
- f) Colours of sheeting used must correspond to the colours of the sheeting supplied as samples.
- g) The reflective surface of the sheeting shall be durable and remain sharp during its expected service life. Bad weather conditions such as rain, dew, etc. shall not considerably reduce the reflectivity.
- h) The reflective surface of the sheeting shall be easily cleaned with soap and water with no adverse effect on its reflectivity and durability when used on the roads.
- i) The adhesive used on the backing of the sheeting shall give a high quality bonding to clean, smooth and grease free aluminium or other sign plates approved by the sheeting manufacturer. The adhesive shall withstand the conditions without allowing the sheeting to peel.
Traffic Light Signals

The material used and the construction of traffic light signals shall comply with BS 505:1971 Specification for Road Traffic Signals. Alternative standard of construction may be proposed but in all cases they must conform to an internationally recognised standard.

Standard colours must be used on traffic light signals and these should comply with BS1376:1974 or the equivalent American or Japanese standards.

Frames Supports and Fittings

Steel frames shall be freed from scale and rust by blast cleaning or pickling and protected by one of the following methods:

- a) thermally spraying with aluminium or zinc in accordance with BS 2569: Part 1 to a nominal thickness of 100 mm;
- b) hot dip galvanising in accordance with BS 729 followed by a coat of suitable pre-treatment primer where a finishing coat is to be applied;
- c) applying two coats of inhibitive primer followed by one of undercoat;
- d) applying a plastics coating.

When the frame is of welded construction the weld areas shall be freed of scale and treated to give a protection equivalent to that given to the remainder of the frame. The frame shall be fabricated prior to the application of any finishing coat.

Steel fittings and accessories such as clips, brackets, screws, bolts, nuts, rivets and washers shall be prepared and finished as above.

The reverse of signs should have a top coat finish colour of either grey or black. All post shall be painted in alternate black and white stripes at 200 to 250mm band widths.

Back Support Frame

Unless otherwise specified, aluminium sign plates, and steel sign plates greater than 0.4 square metres in areas, must be supplied with a back support frame of a size and design to avoid the plate being deformed due to wind pressure, or manipulation by vandals (other than severe attack). The frame will normally be made of a steel angle riveted or bolted to the sign plate, and shall incorporate brackets to enable the sign plate to be bolted to the sign post.

All screws, bolts, nuts, washers, rivets, etc., must be protected against corrosion. Steel fixings that come into contract with aluminium must be coated with zinc or cadmium to prevent corrosion through electrolytic action.

The complete sign when mounted on its support in accordance with the manufacturer's instructions, shall be rigidly locked in position to resist twisting.

Sign Plates. Sign Plate Preparation And Coatings

The choice of aluminium or steel will normally be governed by the type of sign being manufactured. Generally the sign plates for all fully reflective signs will be aluminium. Non-reflective or partially reflective signs will use steel sign plates. Wood or reinforced concrete will not be acceptable as materials for sign plates.

Aluminium

If aluminium is chosen, the aluminium sheeting shall be 2mm thick unless otherwise specified. After any cutting and punching has been completed all sharp edges shall be uniformly rounded off and smoothed down. The metal plate shall be degreased either by acid or hot alkaline etching and all scale/dust removed to obtain a smooth, plain surface. After cleaning, metal shall not be handled except by a device or clean canvas gloves. There shall be no opportunity for metal to come into contact with grease, oil, or other contaminants prior to the application of the reflective sheeting.

Steel

If steel plate is chosen, the steel plate shall be 1.25mm thick however, plate thicknesses of 1.6mm which is more generally available, or 2.0mm are acceptable. After any cutting, welding and punching has been completed all sharp edges shall be uniformly round off and smoothed down. All physically adhering contaminants shall be removed and the surfaces abrasive-blasted and then thoroughly cleaned and degreased. Unless the application of a primer follows within 4 hours of the abrasive blasting and before any oxidation of the prepared surfaces takes place, the surface shall be given one coat of wash primer immediately after blasting.

The prepared surface shall be given two coats of a zinc chromate primer. The first coat is to be applied within 12 hours in the case of wash-primed surfaces and within 4 hours, but before any oxidation of the surface takes place, in the case of abrasive-blasted surfaces that have not been wash-primed.

There shall be no opportunity for the metal to come into contract with grease, oil or other contaminants prior to the application of the reflective sheeting.

Coating

Parts of the sign plate not covered by reflective sheeting (including the reverse of the plate and the back support frame) shall be coated using either by painting, stove enamelling or powder coating processes. The colour of the reverse of sign plates and support frame shall be grey or black.

Road Markings

The paint used for road markings should be manufactured specifically for this purpose and should comply with BS6044 : 1987 (1995) 'Pavement Marking Paints' or the equivalent American Standards. It should be quick-drying, durable, and have a good skid-resistance. The paint may be applied by brush or machine, however before ordering paint the proposed method of application should be specified to the manufacturer to ensure that the correct type of paint is ordered. Hot sprayed plastic or thermoplastic may also be used,

but it should be checked that is suitable for use in tropical conditions. Adhesive-backed road marking tape is hard-wearing and has a very high reflective brightness, but it is too expensive for general use.

Road paint or plastic can be reflectorised by the addition of reflecting glass beads, called ballotini. They may either be mixed into the paint, applied to the marking while the paint is still wet, however the paint must be manufactured for use with ballotini. The ballotini should comply with BS6088 : 1981 (1993) 'Specification for Solid Glass Beads for use with Road Markings'.

Markings must not be laid until the correct temporary traffic signs are in place. The road surface must be clean and dry, and completely free from dirt, grease or any other material that might prevent the paint from adhering properly. The outline of the marking should be marked on the road surface with chalk or paint spots. It is worth making templates for the more complicated markings such as arrows. The paint may be applied by brush or by machine. Traffic must not be allowed over the markings until they are dry. On completion the longitudinal lines should present a smooth visual flow to be the eye with no kinks or sudden bends.

Reflective Road Studs

The type of road studs which are used should comply with BS873 : Part 4 : 1987 Specification for road studs or the equivalent American standards. The following points should be considered when specifying studs:

- Glass lenses are much more resistant to wear than plastic.
- Corner cube reflectors have a greater reflective performance than bi-convex lenses but tend to be more expensive.
- Strong fixing is vital for safety road nails plus epoxy glue is advisable for asphalt however using anchored road studs on surface dressed road is not advised as it is likely to result in a weakness in the impermeable surfacing which could lead to local failure.
- The adhesives referred to in BS 873 : part 4 may not be suitable for conditions in Nepal and should be tested by preparing a test section along the road under consideration before they are approved. If this is not practical, consideration should be given to making the supplier responsible for the fixing of road studs and making him responsible for replacement of any road studs which become loose during the maintenance period.

Recommendations for the installation of bonded road studs

It is essential that bonded road studs are fixed in accordance with the manufacturer's instructions.

The road surface should be cleaned and dust, oil, grease and other contaminants removed.

The surface should, where possible, be allowed to weather and compact for a minimum period of 6 weeks to 8 weeks depending on traffic conditions prior to the installation of permanent studs.

Installation of bonded studs

Road studs should not be installed on white lines or on joints in the road surface. It is advisable to install them when the road surface is completely dry and when the road surface temperature is greater then 4^{0} C unless the manufacturer of the adhesive recommends that it is suitable for use in other conditions.

NOTE 1. A blowlamp may be used to prepare the road surface in damp or cold weather but care should be taken not to overheat the road surface as this can weaken it.

NOTE 2. In cases of doubt the adhesive manufacturer's advice should be obtained on whether the adhesive is appropriate to the surface in question.

Method of use of adhesive

Any settling of fillers or pigments in the adhesive components should be completely dispersed by stirring before the components are mixed.

Just before use the components should be thoroughly mixed to give a homogeneous mixture of uniform colour. The manufacturer's instructions should be followed regarding the application of the adhesive and any safety precautions. The adhesive should be used as quickly as possible after mixing and never after it has started to set in the container. The whole of the bottom surface of the road stud should be allowed to set sufficiently before allowing traffic to over run the stud.

Recommendations for the installation of anchored road studs

It is essential that anchored road studs are fixed in accordance with the manufacturer's instructions.

The cavities formed in bituminous surfaces should be thoroughly cleaned. In cold weather, the temperature of the bituminous material immediately surrounding the cavities formed to accept the anchored part of an anchored road stud, may be gently heated in order to prevent rapid cooling of any heated bituminous adhesive or grout used in the cavity.

NOTE: Care should be taken not to overheat the road surface as this can weaken it.

H Specifications for the Installation of Signs and Road Markings.

H1 Installation of Signs

Mounting Posts

Standard sections used for steel mounting posts for permanent signs should be manufactured in accordance with the British Standards applicable to the particular material. Where there is no relevant British Standard they should be in accordance with the generally accepted practice of manufacture. The most common practice is to use 50mm internal diameter steel tube, however 78mm by 38mm C channel is equally acceptable and has the added advantage of giving a flat surface on which to bolt the sign plate. Posts constructed from wood or reinforced concrete will not be acceptable.

Before accepting other types of steel section for posts, the Department of Roads will need to be satisfied that the proposed post will not suffer any permanent deformation or other form of failure when it is subjected to the estimated working stresses.

Fixing

The method of fixing the sign plate (and frame if used) to the mounting post or posts should be such as will facilitate its removal for replacement purposes. A typical method of fixing unframed signs to a circular post is by the use of half clips which are riveted, bolted or welded to the sign plate. A typical method for fixing a larger framed sign is for the back support frame to have two flanges one at the top and one at the bottom. The sign is then fixed to the sign post by bolting through the flanges.

Each type of sign plate and mounting post presents its own fixing problem, but the aim should be to provide a fixing for the sign plate (and frame if used) so that although it can be easily removed for replacement purposes, it is held firmly enough to withstand the loading to which it will be subjected. All nuts, bolts, washers etc, must be protected against corrosion. Steel fixings that come into contract with aluminium must be coated with zinc or cadmium to prevent corrosion through electrolytic action.

In order to help prevent theft of the sign, the ends of the threads of fixing bolts should be filled down, deformed with a hammer or the thread spot welded.

Where a sign is mounted on a single post, care should be taken to prevent the forced rotation of the sign round it. In the case of a circular post this may be achieved by means of a pointed grub screw in the clip which is screwed into the post.

Care should be taken to prevent the rotation of the post in its foundation. This may be achieved by passing a length(s) of bar through holes drilled in the base of the post below ground level. For additional rigidity, the bar can be welded to the base of the post.

Foundations

The type of foundations required, particularly for larger direction signs, will vary with the local soil conditions. These may be in mass concrete or reinforced concrete. The buried section should be at least one-third the overall length of the post. Unless otherwise specified the foundation for a single post should be at least 450 mm x 450 mm and 600

mm deep. The concrete should be a 1 : 3 : 6 cement : sand : gravel mixture. After pouring, it should be properly compacted with a tamper. The top surface should be smooth with a slight slope outwards from the post to ensure proper drainage. The top surface of the finished concrete should not be proud of the surrounding ground surface as the provision of foundation blocks or plinths will enable vandals to reach the sign plate more easily.

The foundation should be designed and placed at such a depth that it will safely support the sign under its loading conditions without causing failure due to shear or heave in the surrounding soil. Special precautions should be taken to ensure the adequacy of foundations in made up ground. Foundation for the large directions signs should not be 'covered up' until they have been inspected and approved by the Engineer.

Temporary struts should be used to hold the post in position until the foundation is complete, making sure that the post is vertical and that the sign plate is level and at the correct angle to the road. It is recommended that the installation date is painted on the back of the sign.

H2 Application of Road Markings

Carriageway markings may be laid either by hand or by machine. The choice will depend on such factors as the type of material, the pattern of the marking, how frequently the pattern is repeated, and on the amount to be laid. In busy urban areas consideration has to be given to clearing the street of parked vehicles; the only alternative may be to operate at night, or at weekends.

It is essential that all types of carriageway markings should be skid-resistant in wet conditions. Adequate skid resistance is particularly important where the camber or crossfall is steep and at junctions where turning traffic includes an appreciable number of two-wheeled vehicles.

As it is not possible to lay carriageway markings to precise dimensions and in order to allow for the markings "spreading" in service, certain tolerances in the prescribed dimensions are permitted by the Regulations.

These are:	
Specified Dimension	Permitted Tolerance Dimension
(a) 3 m or over	Plus or minus 15%
(b) 300 mm or over, but under 3m	Plus or minus 20%
(c) Under 300mm	Plus 30% or minus 20%

The maximum projection of the line marking above the surface is 6mm. It is particularly important that this should not be exceeded because of the danger to traffic, especially to two-wheeled vehicles, and to pedestrians. Where markings are relaid over existing markings after surface dressing of the carriageway, care should be taken to ensure the overall projection of the markings should also not exceed 6mm.

T1....

I Maintenance of Signs and Road Markings.

I1. General

A high standard of maintenance of traffic signs, traffic lights and carriageway markings, including reflecting studs, is essential if they are to fulfil their purpose. It is a waste of money to provide signs and then to allow them to lose effectiveness by subsequent deterioration.

All signs and markings including reflecting road studs, should be inspected at regular and frequent intervals both by day, and when appropriate, for reflectance at night. They should be renewed as necessary. Signs become less effective not only when characters or colouring deteriorate, but also when dirty or damaged or displaced as a result of accidents or vandalism. Damaged or dirty signs lessen road users' respect for the signs. A periodic inspection of signs should be made to ensure their early repair and/or replacement when necessary, and after dark inspections should be made of reflectorised signs. Regular cleaning of all signs is essential.

Special checks should be made after resurfacing of the carriageway so that remedial action may be taken if required to ensure that the efficiency of the markings in not impaired.

It is not possible to recommend suitable renewal intervals for markings as these will depend very much on the type of line, the material comprising the marking and on the road traffic conditions. Nevertheless a carriageway marking maintenance programme should be adopted to keep the road markings under constant review to ensure that the markings are maintained to a high state of effectiveness at all times, particularly on heavily trafficked roads.

Markings should be renewed or relaid after resurfacing or on the completion of road works which may have interfered with them. In practice this is normally carried out some weeks after the surfacing has been completed in order that the surfacing has had a chance to settle and harden up. Arrangements should be made to protect road studs during surface dressing operations.

I2. Maintenance Regime

Record Keeping and Inspection

The key to good maintenance is proper record-keeping and regular inspection. An inventory of markings, signs, and other road furniture is helpful. In addition to a description of the item and its location, it can usefully include installation and inspection dates, and repair details. The inventory number should be painted on the back of the sign plate.

Inspections should be made at least twice a year, preferably after routine cleaning has been done. The things to look for are:

- signs that are missing or in the wrong location;
- signs that are pointing the wrong way or are tilting;
- signs that are hidden by trees or bushes;
- posts that are loose in their foundations;

- sign plates that are loose;
- corrosion of sign plates and posts;
- accident or other damage;
- flaking or faded sign faces and painted surfaces;
- poorly reflecting sign faces (best checked at night);
- worn or faded road markings.

Keep good records of the faults that are found and the action taken.

Cleaning

Signs should be cleaned at least twice a year, and priority should be given to low-mounted signs. Cut back any long grass, bushes or tree branches which hide the sign face. Use water and a mild detergent to wash the sign and take care note to scratch the surface. Rinse the sign in clean water to remove all traces of detergent. Road tar can be cleaned off with petrol or white spirit, but be careful not to dissolve the paint, and rinse well afterwards.

Repairs

Minor repairs and repainting can be done on-site. Repainting should only be done in dry weather and after proper preparation of the surface. Do not apply paint to reflective sheeting, because this will make it non-reflective. Similarly, do not use ordinary road paint on reflectorised road markings.

Storage and Transport of signs

Signs are expensive. Always store them where they cannot be damaged. Stack them vertically, if possible, and put sheets of cardboard or thick paper between them to prevent the sign faces from getting scratched. Take care when loading signs on and off trucks, and do not allow them to bounce around while being transported.

Assessment of Effectiveness of Signs and Road Markings

As part of the maintenance programme the location and frequency of accidents should be recorded. From these records it can be established where accidents on the road network most frequently occur. Often the most cost effective way of improving the safety on a section of road is to improve traffic signing. Accident sites they should be looked at in more detail to establish whether better signing or road marking would improve safety and reduce accidents.

J Appendices

Drawings of Signs and Symbols

Standard Lettering Styles (Nepali and English)

Primary Route Destinations in Nepali and English to be used on Direction signs

The Widths of Transport Heavy alphabet

The widths are given in terms of their capital height h

Uppe	r Case	Lowe	er Case	Nur	nerals
A B C D E F G H I J K L M N O P Q R S T U V W X Y Z	$\begin{array}{c} 1.01\\ 1.04\\ 1.08\\ 1.07\\ 0.97\\ 0.86\\ 1.11\\ 1.14\\ 0.52\\ 0.68\\ 0.99\\ 0.84\\ 1.33\\ 1.20\\ 1.13\\ 0.96\\ 1.15\\ 1.06\\ 1.04\\ 0.84\\ 1.12\\ 0.95\\ 1.38\\ 0.93\\ 0.91\\ 0.85\end{array}$	a b c d e f g h i j k l m n o p q r s t u v w x y z	0.79 0.87 0.76 0.85 0.79 0.56 0.84 0.85 0.39 0.51 0.81 0.45 1.24 0.85 0.82 0.86 0.61 0.71 0.60 0.86 0.76 1.14 0.79 0.76 0.66	$ \begin{array}{c} 1\\ 2\\ 3\\ 4\\ 5\\ 6\\ 7\\ 8\\ 9\\ 0\\ \end{array} $ Punctuation $ \begin{array}{c} \& & 0.91\\ (& 0.82\\) & 0.82\\ ? & 1.04\\ . & 0.40\\ . & 0.40\\ . & 0.49\\ - & 0.51\\ \end{array} $	full stop colon comma

The Widths of the Nepali alphabet

The widths are given in terms of their capital height h

MINISTRY OF WORKS	Title:	Regulatory Sign No.
AND TRANSPORT	STOP AND GIVE WAY	A1
TRAFFIC SIGNS MANUAL		
COLOURS:		
Background : RED Border : WHITE	(600) 750	
DESCRIPTION: Octagonal sign with	red background indicating stop and give way.	
APPLICATION:		
for vehicles to ente vehicles to a comple	the junction with major roads where visibility r the junction without stopping. It instructs of ete stop and not proceed until it is safe to do so plate D7 is attached to the post below the sign to	lrivers to bring their It is recommended
LOCATION:		
additional impact an only be used when i The main factor wh each direction as th	Urban roads All National vehicle roads roads g	side. The sign must ad without stopping. see along the road in isibility distance. If
VARIATION: None		

		Regulatory Sign No.
AND TRANSPORT	GIVE WAY	A2
TRAFFIC SIGNS MANUAL		
COLOURS:		
Background : WHITE	(600)	
Border : RED	750	
ESCRIPTION:		
Triangular sign with poin indicating that traffic should	t downwards having a red border	and white background
	d Give way.	
PPLICATION:		
6	abouts and at junctions with majo	
used where there is no nee	greater than indicated on the table d for a Stop sign. It instructs othe	er drivers not to proceed
way traffic such as narrow b	e sign can also be used where the ro pridges in which case the Give Way	sign is only displayed on
below the sign to add emph	nended that supplementary plate D asis to the Give Way sign.	To the post
OCATION:		
	ion with a Give Way line F2 which	
	a junction. The sign should be site in advance of the Give Way line.	
	n ne right hand side.	
ARIATION:		
None.		



IINISTRY C AND TRAI	OF WORKS	Title: NO MOTOR V	TEHICLES	Regulatory Sign No.
TRAFFIC SIGN	IS MANUAL			
COLOURS:				
Background Border, diagonal Vehicles	: WHITE : RED : BLACK	(450) 600 (750)		
fro		nbols of a motorcycle abo n right indicating no moto necessary.		
ric ex	kshaws are accepta ample of this would	areas where motorised able in these areas. The s l be a market area. Supple ction applies except for ac	sign is usually used i ementary Plate D15 r	n urban areas. An
		allow motorised vehicle n the left hand side of the r		
VARIATION:	one.			

INISTRY OF WORKS	Title:	Regulatory Sign No.
AND TRANSPORT	NO TRUCKS	A5
TRAFFIC SIGNS MANUAL		
COLOURS:		
Background : WHITE	(450)	
Border, : RED diagonal	600 (750)	
Vehicle : BLACK		
DESCRIPTION:		
	symbol of a truck overlaid by a red diagoing no trucks. It is unlikely that a 750m	
necessary.	ing no trucks. It is uninkely that a 750m	in tranieter sign win be
APPLICATION:		
5	where trucks are prohibited and will usually would be a narrow road where there is diff	
residential areas. S	ach other. The sign can be used to pro Supplementary Plate D15 may also be u	
restriction applies ex	cept for access.	
LOCATION:		
	to allow trucks to use an alternative rou	tte. The sign should be
	hand side of the road at the beginning of the	
VARIATION:		
None.		

	OF WORKS	tle: NO HANDCARTS	Regulatory Sign No.
	GNS MANUAL		
COLOU	RS:		
Backgrou Border diagonal Handcart	: RED		
DESCRIPTION:	Circular sign with a sy bottom right indicating	mbol of a handcart overlaid by a red diag g no handcarts.	conal line from top left to
APPLICATION:		eas where handcarts are prohibited and ple of this would be a narrow road where ble congestion.	
LOCATION:		allow handcarts to use an alternative round side of the road at the beginning of the	
VARIATION:	None.		













	nd : WHITE : RED : BLACK	AXL	E WEIGHT LIMIT (450) 600 (750)	
COLOUF Backgroun Border Diagram,	RS: nd : WHITE : RED : BLACK		600	4 ^T
Backgrour Border Diagram,	nd : WHITE : RED : BLACK		600	4 ^T
Border Diagram,	: RED : BLACK		600	4 ^T
DESCRIPTION:	Circular sign with n indicating the axle w			above a symbol of an ax
APPLICATION:				
	are prohibited. This	s will usually b specify the m	be as a result of restriction	er the axle weight indicate ons on a bridge. It is ofte structure in terms of ax
LOCATION:				
				alternative route. The signoint where the restriction
VARIATION:	None.			





	Y OF WORKS RANSPORT	Title: NO OVERTAKING	Regulatory Sign No. A16
TRAFFIC S	GIGNS MANUAL		
COLO	URS:		
Border		(450) 600 (750)	
diagon Arrows			
DESCRIPTION			
	right to bottom left is	wo arrows of different sizes overlaid by a red ndicating that no overtaking is allowed.	diagonal line from top
APPLICATION	This sign indicates travelling in the sa overtaking is less th or it is unsafe to o	ndicating that no overtaking is allowed. to drivers that they are not allowed to ov ame direction. The sign is used where an desirable, where there are side roads with overtake. The No Overtaking sign shoul rous. In general F6 No Overtaking road ma	vertake motor vehicles forward visibility for hin the overtaking zone ld not be used unless
	right to bottom left in This sign indicates travelling in the sa overtaking is less th or it is unsafe to o overtaking is dange to discourage overta	ndicating that no overtaking is allowed. to drivers that they are not allowed to ov ame direction. The sign is used where an desirable, where there are side roads with overtake. The No Overtaking sign shoul rous. In general F6 No Overtaking road ma king.	vertake motor vehicles forward visibility for nin the overtaking zone ld not be used unless rking will be sufficient
APPLICATION	right to bottom left in This sign indicates travelling in the sa overtaking is less th or it is unsafe to o overtaking is dange to discourage overta	ndicating that no overtaking is allowed. to drivers that they are not allowed to ov ame direction. The sign is used where an desirable, where there are side roads with overtake. The No Overtaking sign shoul rous. In general F6 No Overtaking road ma	rertake motor vehicles forward visibility for nin the overtaking zone ld not be used unless rking will be sufficient ng restriction. The sign etween junctions. The




























INISTRY OF WORK	SMALL ROUNDABOUT	Regulatory Sign No.
TRAFFIC SIGNS MANUAL		
COLOURS:		
Background : BLUE Border, : WHITE arrow	(450) 600 (750)	
APPLICATION:	three curved arrows signifying a roundabout.	
roundabout from t	es that vehicular traffic must give priority to ve he right and proceed in the direction of the arrows oan areas in place of A2 Give Way signs.	
	ted on the left hand side adjacent to double transve way line. A regulatory warning sign B9 must be	
VARIATION: None.		











COLOURS:

B3

600 Background : WHITE 750 Border RED (900)Diagram : BLACK **DESCRIPTION:** Triangular sign with symbol indicating minor right (left) turn. **APPLICATION:** This sign warns that there is a junction ahead with a side road on the right (left if symbol reversed). It will mostly be in rural areas where a minor road crosses a main road. The sign will not be required where advance direction signs are used, where the side roads are undesignated or at junctions controlled by traffic lights. LOCATION: The sign will be positioned on the left hand side of the road, in advance of the junction. The size of the sign and distance from the hazard will be as detailed in table 2.

VARIATION:

Minor road to the left.

















IINISTRY	OF WORKS		Warning Plate No.
AND TR	ANSPORT	DOUBLE BEND FIRST LEFT (right if symbol reversed)	B12
TRAFFIC SI	GNS MANUAL		
COLOU	RS:		
Backgrot Border Diagram	: RED	600 750 (900)	
DESCRIPTION:		h arrow showing a tight left (right) followed by	v a tight right (left)
APPLICATION:	right (left) which w travelling. This sig second is less than 2	t there is a double bend ahead first to the left (rig vill have a lower design speed than the road on gn is only used where the distance between the 250 metres. Where there is a series of bends, su to the post below the sign indicating over what	which the driver is first bend and the ipplementary plate
LOCATION:		sitioned on the left hand side of the road, in advan and distance from the hazard will be as detailed in	
LUCA HON:			

The symbol can be reversed to show a double bend first to the right.










































VARIATION:

The symbol may be reversed where rock falls are to the right.













RAILWAY LEVEL CROSSING WITHOUT GATE OR BARRIER

B40

TRAFFIC SIGNS MANUAL



None.

MINISTRY OF WORKS

RAILWAY LEVEL CROSSING WITH GATE OR BARRIER

B41

TRAFFIC SIGNS MANUAL

















None.







	tle:	Information Plate No.
AND TRANSPORT	OVERTAKING SECTION	C4
TRAFFIC SIGNS MANUAL		
COLOURS:		
Background : BLUE	500	
Border, symbol : WHITE		
	symbol showing a main vertical arrow, a curv and a truck indicating overtaking sections.	ed arrow to the left
PPLICATION:		
	nere vehicles may overtake slower moving bu road markings should be used to indicate sect aking are allowed.	
OCATION:		tion
On the left hand side of	Ethe road at the beginning of the overtaking sec	ztion.
VARIATION: None.		























Arrow may be reversed.












INISTRY OF WOR AND TRANSPOR		ANCE DIRECTION	Direction Sign No.
TRAFFIC SIGNS MANU	AL		
COLOURS:		150 Cap heig	ht
COLOURS.			
Background : GREF	ĨN		habi H8 टनकवा
Border, symbols : WHIT text		दमक राश् Damak H1	इनरुवा राश Inaruwa H1
ESCRIPTION:			
Advance direc		and minor routes crossing at a re er and the next major destinatio	
roundaboutin	Nepali and English		
destinations as the other. No	re displayed in one of more than four desti	butes, including approaches to re direction of an arm then the neared nations should appear on the sign signs are to be found at the end of	est shall appear above ns for clarity. Lists of
OCATION:			
The sign show roundabout as		at the left hand side of the roa	d in advance of the
R	load Destination	Distance of sign from rounda	lbout(m)
	ational Highways ther roads	180 100	
	41		1-1 4
The design of	the sign will vary ac	cording to the layout of the round	labout.

INISTRY	OF WORKS		Direction Sign No.
AND TF	RANSPORT	ROUTE CONFIRMATION SIGN - AFTER JUNCTIONS	C23
TRAFFIC S	IGNS MANUAL		
COLOU	JRS:		
		रा४ । पृथ्वी राज	
		Prithvi Raj	
Backgro	ound : GREEN symbols : WHITE	(नारायणघाट	१२०)
text	SYNDOIS . WHITE	पोखरा	१७३
		(Narayanghat	120) 173
		Pokhara	
DESCRIPTION			
	•		
		n sign to be used after junctions on National Hi	ghways. The sig
	Route confirmation indicates the Natio	onal road number, the road name, the next de	0,000
	Route confirmation indicates the Natio	e ,	0,000
APPLICATION:	Route confirmation indicates the Natio distance they are fro	onal road number, the road name, the next de om the sign, in kilometres, in Nepali and English.	estinations and th
APPLICATION:	Route confirmation indicates the Natio distance they are fro This sign is used on	onal road number, the road name, the next de	stinations and th
APPLICATION:	Route confirmation indicates the Natio distance they are fro This sign is used on the advance directi destination (repeat	onal road number, the road name, the next de om the sign, in kilometres, in Nepali and English. In major routes after a junction and repeats the de on sign. It is recommended that the first desti ing the advance direction sign) and the last dest	stinations and th stinations given o nation be the new ination be the fina
APPLICATION:	Route confirmation indicates the Natio distance they are from This sign is used on the advance directi destination (repeat destination on the re- is accessed via a jur	a major routes after a junction and repeats the de on sign. It is recommended that the first desti ing the advance direction sign) and the last dest oad. Destinations in brackets are connected by a nction ahead. No more than four destinations sh	stinations and th stinations given o nation be the new ination be the fina another road whic ould appear on th
APPLICATION:	Route confirmation indicates the Natio distance they are from This sign is used on the advance directi destination (repeat destination on the re- is accessed via a jur	a major routes after a junction and repeats the de on sign. It is recommended that the first desti ing the advance direction sign) and the last dest oad. Destinations in brackets are connected by a	stinations and th stinations given o nation be the new ination be the fina another road whic ould appear on th
APPLICATION:	Route confirmation indicates the Natio distance they are fro This sign is used on the advance directi destination (repeat destination on the re is accessed via a jun signs for clarity. Li	a major routes after a junction and repeats the de on sign. It is recommended that the first desti ing the advance direction sign) and the last dest oad. Destinations in brackets are connected by a nction ahead. No more than four destinations sh	stinations and th stinations given o nation be the new ination be the fina another road whic ould appear on th
APPLICATION:	Route confirmation indicates the Natio distance they are fro This sign is used on the advance directi destination (repeat destination on the re is accessed via a jun signs for clarity. Li	a major routes after a junction and repeats the de on sign. It is recommended that the first desti ing the advance direction sign) and the last dest oad. Destinations in brackets are connected by a nction ahead. No more than four destinations sh	stinations and th stinations given o nation be the new ination be the fina another road whic ould appear on th
	Route confirmation indicates the Natio distance they are from This sign is used on the advance directi destination (repeat destination on the re- is accessed via a jun signs for clarity. Li end of Section J.	a major routes after a junction and repeats the de on sign. It is recommended that the first desti ing the advance direction sign) and the last dest oad. Destinations in brackets are connected by a nction ahead. No more than four destinations sh	stinations and th stinations given o nation be the new ination be the fina nother road whic would appear on th e to be found at th
	Route confirmation indicates the Natio distance they are from This sign is used on the advance directi destination (repeat destination on the re- is accessed via a jun signs for clarity. Li- end of Section J.	positioned at the left hand side of the road. The positioned at the left hand side of the road. The the sign of the left hand side of the road. The the sign of the left hand side of the road. The the sign of the left hand side of the road. The the sign of the left hand side of the road.	stinations and th stinations given o nation be the new ination be the fina another road whic ould appear on th e to be found at th me sign is normall way or carriagewa
	Route confirmation indicates the Natio distance they are from This sign is used on the advance directi destination (repeat destination on the re- is accessed via a jun signs for clarity. Li- end of Section J.	positioned at the left hand side of the road. The positioned at the left hand side of the road. The positioned at the left hand side of the road. The position and should be beyond any bus b d with the junction. Between junctions, signs	stinations and th stinations given o nation be the new ination be the fina another road whic ould appear on th e to be found at th me sign is normall way or carriagewa
	Route confirmation indicates the Nation distance they are from This sign is used on the advance directin destination (repeat destination on the re- is accessed via a jun signs for clarity. Li- end of Section J. The sign should be sited 100 metres af widening associate	positioned at the left hand side of the road. The positioned at the left hand side of the road. The positioned at the left hand side of the road. The position and should be beyond any bus b d with the junction. Between junctions, signs	stinations and th stinations given o nation be the new ination be the fina another road whic ould appear on th e to be found at th me sign is normall way or carriagewa
	Route confirmation indicates the Nation distance they are from This sign is used on the advance directin destination (repeat destination on the re- is accessed via a jun signs for clarity. Li- end of Section J. The sign should be sited 100 metres af widening associate	positioned at the left hand side of the road. The positioned at the left hand side of the road. The positioned at the left hand side of the road. The position and should be beyond any bus b d with the junction. Between junctions, signs	stinations and th stinations given o nation be the new ination be the fina another road whic ould appear on th e to be found at th me sign is normall way or carriagewa
	Route confirmation indicates the Nation distance they are from This sign is used on the advance directin destination (repeat destination on the re- is accessed via a jun signs for clarity. Li- end of Section J. The sign should be sited 100 metres af widening associate	positioned at the left hand side of the road. The positioned at the left hand side of the road. The positioned at the left hand side of the road. The position and should be beyond any bus b d with the junction. Between junctions, signs	stinations and th stinations given o nation be the new ination be the fina another road whic ould appear on th e to be found at th me sign is normall way or carriagewa

MINISTRY OF WOR AND TRANSPOR TRAFFIC SIGNS MANUA	T Alte	VANCE DIRECTION SIGN rnative style - see C22	Direction Sign No.
COLOURS:	-	रा४ डुम्	
Background : GREE Border, arrows : WHITH text		पोर H4 Dumre Pokhar नारायण रा५ Naraya	ाघाट H5
		roaches to junctions where a map-test smaller and is therefore cheaper	
and the Nationa should indicate panel should s	al road number to destinations ahea how destinations gns for clarity. Li	to a junction. The sign indicates which they are connected. The top d, the second panel destinations to to the left. No more than four c sts of towns to be indicated on direct	o panel, if required, the right, the third lestinations should
LOCATION: The sign should as noted below:		he left hand side of the road in adv	ance of the junction
Ro	ad Designation	Distance of sign from junction	(m)
	tional Highways her roads	180 100	
VARIATION: The design of the d	ne sign will vary ac	cording to the layout of the junctio	n.

	<pre>/ OF WORKS XANSPORT</pre>	AT THE JUNCTION	Direction Sign No.
TRAFFIC S	IGNS MANUAL		025
COLOU	JRS:		
Backgro Border, text		नारायप रा५ Naraya	H5
DESCRIPTION		nal Highways at the junction.	
APPLICATION:	advance direction sign, f	unction. It repeats the information given for the junction or roundabout. Lists of tov found at the end of Section J.	
LOCATION:	point at which the turnin should be placed on the s	aced on the left hand side of the road as clong is made. In the case of the exits from a splitter island or if this is not possible on the heck that the sign does not block the view c	roundabout the sign e left hand side of the
VARIATION:	The layout of the sign ma	ay be altered to suit a turn to the right.	

MINISTRY OF WORKS	Title
AND TRANSPORT	

TEMPORARY DIVERSION SIGN

C26

TRAFFIC SIGNS MANUAL

COLOURS:

Background : YELLOW

Border, arrow : BLACK text



DESCRIPTION:

Direction sign at a junction in temporary road works.

APPLICATION:

This sign is used at the junction. The sign would be used where there is a junction where temporary road works are being carried out. Lists of towns to be indicated on direction signs are to be found at the end of Section J.

LOCATION:

The sign is normally placed on the left hand side of the road as close as possible to the point at which the turning is made. It is important to check that the sign does not block the view of drivers entering the junction.

VARIATION:

The layout of the sign may be altered to suit a turn to the left.

MINISTRY OF WORKS AND TRANSPORT	AT THE JUNCTION
TRAFFIC SIGNS MANUAL	

COLOURS:

Background : WHITE

Border, arrow : BLACK text



Direction Sign No.

C27

DESCRIPTION:

Direction sign at the junction for minor routes, and local destinations within an urban area.

APPLICATION:

This sign is used to indicate local destinations or minor routes at junctions. It repeats the information given for the turning on the approach direction sign C28. This sign may not always be necessary (or feasible) at urban junctions, if there is an advance direction sign. Lists of towns to be indicated on direction signs are to be found at the end of Section J.

LOCATION:

The sign is normally placed on the left hand side of the road as close as possible to the point at which the turning is made. In the case of the exits from a roundabout the sign should be placed on the splitter island or if this is not possible on the left hand side of the exit. It is important to check that the sign does not block the view of drivers entering the junction.

VARIATION:

The layout of the sign may be altered to suit a turn to the left.

INISTRY OF WORKS	ON APPROACHES TO JUNCTIONS	C28
COLOURS:	सिंह Singh D	दरवार
Background : WHITE Border, arrows : BLACK text	प्रसुति Hospit	गृह 🛋
DESCRIPTION: Direction sign for use or area.	n the approaches to a junction with a mine	or route within an urban
top panel, if required, sh	cate minor routes or local destinations v nould indicate destinations ahead, the se- panel destinations to the left.	
	tioned on the left hand side of the road 1 00m may be impossible to achieve in sor	
VARIATION: The design of the sign w	ill vary according to the layout of the jun	ction.

INISTRY OF WORKS	lītie:	Direction Sign No.
AND TRANSPORT	BRIDGE NAME PLATE	C29
TRAFFIC SIGNS MANUAL		
COLOURS:		
	बुढीगंगा पूर	न
Background : WHITE	Budhiganga Bri	
Border, text : BLACK	लम्बाइ : १५० भ	-
	पुल नं. ७४५/रा१/७७४ + २७ स्पान संख्या = ६	A
ESCRIPTION:		
Bridge name plate		
	he approach to a bridge. It gives information a	about the length of
the bridge, the number	r of spans and its reference number.	
OCATION:		
the bridge. Care show	sitioned at the left hand side of the road immedi uld be taken to ensure that the sign is positione	
not affect driver visibi	lity	
VARIATION: None.		





None.













VARIATION:

Give Way sign with distance to give way line given underneath.



















MINISTRY OF AND TRANS		TRUCK	Supplementary Plate No.
COLOURS: Background Border, pictogram	: WHITE		
APPLICATION:	ngular sign with sym		
LOCATION:		e that the primary sign refers to trucks	
VARIATION: None.	used on its own.	post below an information sign or wa	rning sign. The sign is

MINISTRY OF WORKS		Supplementary Plate No.
	BUS	D19
TRAFFIC SIGNS MANUAL COLOURS: Background : WHITE Border, pictogram : BLACK		
DESCRIPTION: Rectangular sign wi	th symbol of bus.	
APPLICATION: This sign is used to i	ndicate that the primary sign refers to buses only.	
LOCATION: The sign is attached never used on its ow	to the post below an information sign or warnin n.	g sign. The sign is
VARIATION: None.		

MINISTRY OF AND TRAN	SPORT	MOTORBIKE	Supplementary Plate No.
TRAFFIC SIGNS	MANUAL		
COLOURS:			
Background Border, pictogr	: WHITE am : BLACK		
DESCRIPTION: Rec	tangular sign with sy	mbol of motorbike.	
APPLICATION: This	s sign is used to indic	ate that the primary sign refers to moto	orbikes only.
LOCATION: The neve	sign is attached to th er used on its own.	he post below an information sign or v	varning sign. The sign is
VARIATION: Non	1e.		
























INICTOV		Title:	Road Markings No.
	ANSPORT	STOP LINE AT STOP SIC OR TRAFFIC LIGHTS	
TRAFFIC SI	GNS MANUAL		
COLOU	RS		
Road ma	rking : WHITE	400	
DESCRIPTION:			
		tinuous white line 400mm wide at rig nded that all stop lines are reflectorised	
APPLICATION:			
		erever there is a stop sign or a junctio	
		ends from the edge of the road to the cer less it should be extended across the wh	
LOCATION:			
	carriageway A stati	ormally be marked in line with the ionary vehicle in advance of the stop	line will then be in the best
	of the edge line if th	lirections at the junction. The stop lin here is a risk of collision with through	sh road traffic (see F10 for
	in advance of the F4	ight junctions with pedestrian crossing pedestrian crossing. Figure F3 show	
	signal-controlledjunc		-
VARIATION:			
	None.		

IINISTRY OF WORKS AND TRANSPORT traffic signs manual	GIVE WAY TO TRAFFIC ON MAJOR ROAD OR ROUNDABOUT	Foad Markings No.
COLOURS:		
Road marking : WHITE	300 600 1 200 300 200 200 1 1 1 1 1 1 1 1 1 1 1 1 1	
	double white line at right angles to the flow with 600mm marks and 300mm gaps. It i ised.	
there is a give way sign crossing type F3 when extends from the road	unctions except those controlled by a stop s gn or a roundabout. It is also used in adv e drivers must give way to pedestrians on th edge to the centre line of the road. If the len be extended across the whole road.	ance of a pedestrian e crossing. The line
carriageway or circula advance of the edge lin for diagram). At F3 ty	l normally be marked in line with the edge tory edge of a roundabout. The Give Way line if there is a risk of collision with through type pedestrian crossings it will be 1.5m in ad to F 10 give examples of where give way trans	ine can be 500mm in road traffic (see F10 vance of the crossing
VARIATION: None.		

AINISTRY OF WORKS	TO PEDESTRIANS	Road Markings No.
TRAFFIC SIGNS MANUAL	ON THE CROSSING	
COLOURS:	500 to 1300 ↓	or 3500—/
Road marking : WHITE strip	pes	
	500 to 700 500 to 700 500 to 1300	
dimensions of whic the width of the roa with a minimum of nearest the kerb sho APPLICATION: The pedestrian cros busy road where it r be justified if the av hourly crossing mo	sing which is not controlled by traffic lights shown nost benefits the pedestrian movements in the arverage hourly two-way vehicle flow is less than vements are less than 150. However, there may	it, traffic speed and enerally be of 3500 e used. The stripe ald be installed on a ea. It is unlikely to 400 or the average
LOCATION: The crossing should that the crossing poi width of the crossin	hannel pedestrians to use one crossing point. I be installed where it most benefits pedestrian m int has good visibility for both road users and ped g will generally be of 2500 with a maximum of 5	lestrians alike. The 000 for a very busy
crossing to warn Information C2 ped	Pedestrian crossing type B23 will be used drivers if the pedestrian crossing is on a M estrian crossing signs may be positioned at the cr e of the layout of this type of pedestrian crossing.	National Highway.

AND TR	OF WORKS ANSPORT GNS MANUAL	Title: PEDESTRIANS CROSS WHEN TRAFFIC IS STO	THE	Road Markings No. $F4$
COLOU	RS:	500 - 700 500 500	/2500 to 500	۲00 ا
Road ma	ırking : WHITE			
DESCRIPTION:				
	Pedestrian crossing lines at right angles	s controlled by traffic lights are to the traffic flow with a 500mn generally be 2500 with a maxi	n mark and a 500n	nm gap. The width
APPLICATION:	into the phasing of numbers of pedestr	ssing is controlled by E6 type traffic lights. They are justific ians crossing the road and als destrians are regularly crossing	ed at junctions wh so away from roa	ere there are large d junctions where
LOCATION:	in advance of the cr	rning signs with possibly B23 p ossing. C2 pedestrian crossing d F9 give examples of the layou	g signs can be atta	ched below traffic
VARIATION:	None			

INISTR			Road Markings No.
AND TF	RANSPORT	LANE LINE	F5
TRAFFIC S	IGNS MANUAL		
			100 程 (150)
COLOU	JRS:	Urban	Rural
		1500	2000
Road ma	arking : WHITE	<u> </u>	
	C	4500	7000
DESCRIPTION	:		
	needed) along the centre lir	line 100/150mm wide (or 150mm when ne of the road. Lane lines have a 1.5 n reas and a 2 metre mark followed by	netre mark followed by
APPLICATION:			
	used as a centre line. Ce carriageway width of less	the carriageway into traffic lanes. C entre line markings are not usually than 5.5 metres. The line thickness required the line thickness should be i	used on roads with a will normally 100mm.
		used on all roads of 5.5 metres or wid d, to mark the centre line and lane w	
VARIATION:	None.		

INISTRY	OF WORKS	Title:		Road Markings No.
	ANSPORT	BARR	RIER LINE OT CROSS	F6
TRAFFIC SI	GNS MANUAL			
COLOU	RS:			100 円 (150)
Road ma	rking : WHITE			
DESCRIPTION:				
				where additional impact ided that these lines are
APPLICATION:				
	carriageway road wh see far enough ahead The table below giv visibility distance. V length. If the calcu	here it is unsafe to do d. Overtaking should ves details of where Where a barrier line is ulated barrier line let	so. This is usually bed d only be prohibited w the barrier line is us s used it should be a mi ngth is less than 100	g on sections of single cause it is not possible to where it is clearly unsafe. ed and is related to the inimum of 100 metres in metres, the ends of the ength of the barrier line.
	Visibility distance b	elow which a prohibit	tion line is justified:	
		Road designation	Visibility distance	(m)
		National road	120	
		Other roads	80	
				ght of 1.05 metres above ad, hill crest or dip in the
VARIATION:	None.			

INISTRY OF WORKS AND TRANSPORT	Title: HAZARD LINE WARNING	Road Markings No.
TRAFFIC SIGNS MANUAL		
		100 杍 (150)
COLOURS:	Urban	Rural
	2000	3000
Road marking : WHITE		
	4000	6000
		п
DESCRIPTION:		
	white line 100mm wide (150mm wh ntre line of the road. Hazard lines have a	
gap in urban areas	and a 6 metre line with a 3 metre g	
recommended that th	ese lines are reflectorised.	
APPLICATION:		
	ane marking for use where there is a haz , although not prohibited, may be danger	
	lane line on the approach to junctions an he approach to the prohibition line.	d pedestrian crossings,
	vill normally be 100mm. Where additio	
	be increased to 150mm. If the calculate of barrier line is less than 100 metres barrier line.	
LOCATION:		
	an approach to a junction or pedestriar e it is used on the approach to a proh- are required:	
Ι	Road designation Visibility distance	e(m)
-	National road 320	
(Other roads 180	
VARIATION:		
None.		



INISTRY OF WORKS	Title:	Road Markings No.
AND TRANSPORT	EDGE OF CARRIAGEWAY	F9
TRAFFIC SIGNS MANUAL		
COLOURS:	<i></i> /-/	100 (150)
Road marking : YELLOW		
	denoted by yellow road marking 100/150mm here needed) with a two metre mark and a two m	
PPLICATION:		
Edge markings are u useful for drivers on u	used to define the edge of the carriageway as unlit rural roads particularly at night.	nd as such are very
OCATION:		
The line marks the ed	lge of the carriageway.	
VARIATION: None.		



/INISTRY		Title:	Road Markings No.
	ANSPORT	NO PARKING	F11
TRAFFIC SI	GNS MANUAL		
COLOU	RS:	۲	100 ((150)
Road ma	rking : YELLOW		
DESCRIPTION:			
		ay road marking where parking is prohibited a continuous yellow line 100/150mm wide.	d. The no parking
APPLICATION:			
	vehicles to park and	which prohibits parking is used when it wou is also used to prohibit parking to prevent tran delineate the lengths of no parking.	-
LOCATION:			
	parking is prohibite greater visibility the	s used on tight bends and across bridges. I ed it may be used in conjunction with A14 no eline can be marked along kerbs instead of the across bridges it should be 150mm wide and dge.	o parking signs. For carriageway. Where
VARIATION:			
	None.		





Figure F.3 Traffic lights at a Crossroad and a T-junction



Figure F.4 Major/Minor Junction (Assume crossroad of National Highway with Feeder road.)





Figure F.6 Major Junction with Ghost Island (Assume junction of two National Highways.)







Figure F.9 Pedestrian Crossings.

★ Only necessary on high-speed roads or where crossing is difficult to see



Figure F.10 One Way System



Figure F.11 Road Markings Around A Bend